

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Ian Van Der Walt

Has successfully participated & completed the

Solo Bull Cowhouse Cross Duathlon 2017 #4

held at Cowhouse Market.

**TIME** 02:07:47

**PACE** 04:24/km

**OVERALL** 6 of 40

**GENDER** 6 of 31

**40 - 49** 3 of 9

06 August 2017, Sun

Date

